



Break Free from Alcohol Today: Hypnosis, Meditation, and Affirmations

Motivational Hypnotherapy

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Address your cravings for alcohol today! Discover what triggers your consumption, and get tools for self-control. With this powerful hypnosis and meditation program, you can bring more determination and positive energy into your life.

Motivational Hypnotherapy is proud to introduce the incredible voices of Joel Thielke and Rachael Meddows. These two world-renowned hypnotherapists have combined their talents and years of hypnotherapy experience to create a one-of-a-kind program that will specifically help you remove negative thinking, self-doubt, and other blocks that may be holding you back from feeling truly happy and joyful and living a stress-free life.

With this program, you will be well on your journey to positive change. Hypnosis is an incredibly powerful tool, and we know you'll see results.

This program includes the following tracks:

- About Hypnosis
- Break Free from Alcohol Today - White Light Induction - Joel Thielke
- Break Free from Alcohol Today - Dual Induction - Joel Thielke
- Affirmations - Joel Thielke
- Affirmations - Rachael Meddows
- Break Free from Alcohol Today - Garden Induction - Rachael Meddows
- Break Free from Alcohol Today - Beach Induction - Rachael Meddows
- Music Track
- Break Free from Alcohol Today - Deep Sleep Induction - Rachael Meddows
- Break Free from Alcohol Today - Deep Sleep Induction - Joel Thielke

Don't let alcohol control your life. Take charge today, and see the difference.

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From reader reviews:

Sandy Gonsalves:

Have you spare time for the day? What do you do when you have more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a move, shopping, or went to often the Mall. How about open or even read a book entitled Break Free from Alcohol Today: Hypnosis, Meditation, and Affirmations? Maybe it is being best activity for you. You know beside you can spend your time with your favorite's book, you can better than before. Do you agree with it has the opinion or you have various other opinion?

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facts for your better life within this era. So now let us teach you the relaxing pattern this is your body and mind will likely be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary paying spare time activity?

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