

Clear Your Mind Meditation, Mindful Meditation with Self-Hypnosis, Meditation and Affirmations

Joel Thielke



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Clear your mind, be more focused, and find the answers that you seek with this hypnosis and guided meditation program!

Benefits of the program include:

- Clear, focused mental energy
- Positive thinking
- The ability to listen to your intuition and make strong decisions
- Uplifted confidence and self-beliefs
- Deeper connection with your higher self

Motivational Hypnotherapy's Joel Thielke is a world-renowned hypnotherapist and author who has helped millions of people worldwide. This powerful hypnosis program is designed specifically to help you clear your mind of clutter and worry, so that you feel clear, strong, and confident.

This is the perfect program for listeners of any age, no matter your level of hypnosis experience. We recommend listening to this audiobook for 21 days in a row to get the most out of your listening experience. Listen to the induction track, and if you fall asleep, that's okay. This program will work for you whether you are awake or asleep. It's a short, powerful program that will change your life and give you real results.

This powerful hypnosis audiobook includes the following tracks:

- 1. About Hypnosis
- 2. Clear Your Mind Meditation White Light Induction
- 3. Powerful Subconscious Anchoring
- 4. Clear Your Mind Meditation Dual Induction
- 5. Open and Clear Mind
- 6. Clear Your Mind Meditation Deep Sleep Induction

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