



In The Light of A New Day: Enlightenment For Everyday Living

Anya Sophia Mann

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What if all we needed was a little burst of inspiration to guide our day?

Has insight from words or pictures lightened your heart?

Have you ever needed just a bit of a nudge to help you make a good decision?

Sometimes we just need a little jolt of something that strikes us deep to make sense of our life and give meaning and purpose to our day.

Who we are, and why we are here, can be found between the lines of these 44 tenets for living a more 'conscious journey' in this life.

"In The Light of A New Day" could evoke in you, more:

- * Joy
- * Hope
- * Curiosity
- * Laughter
- * Peace
- * Wisdom
- * Knowing
- * Compassion

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Alma Miranda:

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