

The Power of Belief: Essential Tools for an Extraordinary Life

Ray Dodd



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If you want to change your life—right now—there's nothing more powerful than changing what you believe.

In 1996, after a chance meeting at the pyramid ruins in Teotihuacan, Mexico, Ray embarked on a six-year apprenticeship with don Miguel Ruiz, MD, author of the best-selling book, *The Four Agreements*.

Now a master coach and mentor, Ray reveals how hidden beliefs create barriers to success and true happiness. An inspiring guide based on everyday wisdom, *The Power of Belief* offers four simple steps to recreate any belief that stands in your way. Read it and discover:

- The secret to changing any fear-based belief
- The key to eliminating worry and negative self-talk
- How to choose happiness, even when things fall apart
- The path to true authority and personal power

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