



# Super Motivation Now, Train Your Brain for Energy and Focus with Self-Hypnosis, Meditation and Affirmations

*Joel Thielke*

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## **Super Motivation Now, Train Your Brain for Energy and Focus with Self-Hypnosis, Meditation and Affirmations** Joel Thielke

Get that motivation up, up, up, and get more done! If you're ready to feel more energized, boost that motivation today with this hypnosis and guided meditation program!

Benefits of the program include:

- Increased motivation and focus
- Boosted natural energy throughout your day
- Follow through on tasks and projects
- Deeper sleep through the night
- Less stress and anxiety

Motivational Hypnotherapy's Joel Thielke is a world-renowned hypnotherapist and author who has helped millions of people worldwide. This powerful hypnosis program is designed specifically to help get you in gear and get you motivated to create the life you want and accomplish more.

This is the perfect program for listeners of any age, no matter your level of hypnosis experience. We recommend listening to this audiobook for 21 days in a row to get the most out of your listening experience. Listen to the induction track, and if you fall asleep, that's okay. This program will work for you whether you are awake or asleep. It's a short, powerful program that will change your life and give you real results.

This powerful hypnosis audiobook includes the following tracks:

1. About Hypnosis
2. End the Guilt - White Light Induction
3. Subconscious Anchoring
4. End the Guilt - Dual Induction
5. Motivation Banding
6. End the Guilt - Deep Sleep Induction

For more information or to ask us a question, visit our website at [motivationalhypnotherapy.com](http://motivationalhypnotherapy.com).

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