



Chrissi's Fish Tales

Chrissi Pappas

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If you find the prospect of cooking fresh fish an alarming task, Chrissi's Fish Tales will ease your fears. This cookbook combines author Chrissi Pappas' Greek heritage with her experiences living in New England, the birthplace of fine American seafood cuisine. A blend of basic and advanced recipes, Chrissi's Fish Tales explains how fish is caught, how it is sold, describes popular cooking methods, provides nutritional information by species, reveals the secrets of how to choose the best quality fish from your local market and includes a bit of local lore. Above all, it's a celebration of seafood. Chrissi's Fish Tales makes a great gift for the seafood lovers in your life. 170 pages of recipes, photos and stories, softcover with a stain-repellent surface. Spiral-bound to lay flat.

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