



# Why: Discovering Your Essence Is Important for a Life of Meaning

Carl Nafzger

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## Why: Discovering Your Essence Is Important for a Life of **Meaning**

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#### Why: Discovering Your Essence Is Important for a Life of Meaning Carl Nafzger

In this latest book by Carl Nafzger, he shares the results of his lifelong quest to understand the true meaning of success and how to achieve it. Author of the popular book on training racehorses, Traits of a Winner, Carl was raised on a Texas ranch. He spent his early life on the rodeo circuit, quickly becoming one of America's leading bull riders in the 1960s before retiring in the early 1970s and launching a new career as a Thoroughbred racehorse trainer. Carl's success in both careers earned him membership in the Professional Bull Riders' Ring of Honor, the Texas Rodeo Cowboy Hall of Fame and the National Museum of Racing and Hall of Fame. The road to success, however, was a rollercoaster ride that had extreme highs but also many lows that made him question not only his life, but life in general. As a young cowboy on the rodeo circuit, Carl read everything he could that might help him find answers to his many questions about life, most all of which began with the word "why." He started his life as a Christian, rejected it, and eventually found his way back to God. In Why, Carl explains how he found success and peace in life and how you can do so too.



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