



Mennonite Foods and Folkways from South Russia, Vol. 2

Norma Jost Voth

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An abundant food tradition developed when Mennonites from eastern Europe settled in the Ukraine. These people, who had migrated extensively because of religious persecution and economic pressures, blended their flavorful cooking with their new neighbor's food. The result? Delectable Zwieback and Rollkuchen, Borschts of infinite variety, Peppernuts, and porzelkje. Here are 400 recipes with easy-to-follow instructions and stories that surround these foods' making and eating. "A wealth of information (not only recipes) in these almost 500 pages that are sheer pleasure to read." -Provident Book Finder

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