



Basic Horse Handling: The second part of Horse Basics

Kristina Gregersen

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Learning how to safely handle your horse is a must to become a great rider and horse owner. Whether you ride English, western, Australian or you just love to trail ride, you will love Basic Horse Handling.

In this book are some of the most basic essentials that everyone needs to learn but, most are often passed up. Learning good ground work techniques are crucial for you to safely handle any horse, so make them a priority before you saddle up to go ride and before you ever put a foot in the stirrup.

Many basics are covered that will help make the relationship between you and your horse more fun and rewarding, no matter what you do even, 4h showing, barrel racing, roping, reining, three day eventing, new and taking lessons, polo, or maybe riding at the local fun day or Omoksee. Once you learn these simple basics and begin using them every day, they will become second nature.

Basic horse handling covers topics such as catching, leading, grooming, giving your horse a bath, bridling, saddling, lunging a horse, plus a Bonus 10 step training plan on teaching your horse how to pick up its hoof like a pro, then getting ready for the farrier to put shoes on your horse, and many more.

Good handling techniques apply even if you have a pony, horse, foal, green horse, or draft.

Disclaimer: Working with horses is very rewarding but, can also be hazardous. Horses are strong flight animals, they can jump, kick or spook very quickly. It is advised that you wear proper safety equipment when handling your horse such as a helmet or hat, good boots, jeans, and an appropriate shirt. When working with your horse you should have the following items to make your session better for you and the horse, a halter & lead rope, lunge line, whip, leg wraps, brushes, and a good fenced area that is safe to work in.

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