



# Interpersonal Communication: Putting Theory into Practice

*Denise Solomon, Jennifer Theiss*

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## **Interpersonal Communication: Putting Theory into Practice** Denise Solomon, Jennifer Theiss

Some of us may believe that interpersonal communication is a matter of common sense or that skillful communication is an innate ability that you either have or you don't. In this text, Denise Solomon and Jennifer Theiss demonstrate that interpersonal communication skills are not just common sense; nor are they mysterious qualities that defy learning. *Interpersonal Communication: Putting Theory into Practice* draws on theory and research in the interpersonal communication discipline to help you identify strategies to improve your communication skills. Denise and Jen introduce interpersonal communication as a subject of scientific research that has enormous relevance to your daily lives. You will learn to use what researchers have discovered about interpersonal communication to improve your own ability to communicate well. You will also read about contemporary research in interpersonal communication, a foundation for establishing skill-building tips.

In making research accessible, Denise and Jen show that communication scholars tackle important questions that have real-life relevance, and they dispel myths about interpersonal communication. A touchstone throughout this book is a commitment to topics and applications that can help you in many different situations and throughout your life. The companion website provides self-assessment quizzes, video interviews with scholars, and more. When you have finished reading this text, you will be better prepared to communicate effectively in all areas of your world, with skills and understanding that you can use to improve your interactions with the people around you.

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