



Stop Trying to Fix Yourself: Learn to Rest in the Overcoming Power of the Spirit

Eddie Snipes

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Everyone has struggles of the flesh. Whether your struggles are life-controlling issues, such as substance abuse, uncontrollable habits, or you are longing for more meaning in your life of faith, this book explores the scriptural teachings that guarantee the life lived more abundantly. Jesus said, “The Spirit is willing, but the flesh is weak.” Most religious practices (even those under the title of Christianity) are built on a flawed principle. They seek to strengthen the flesh and depend on coping mechanisms, and try to force our source of weakness to become our strength. This can only create very limited success, and is often a guarantee of failure. God’s design is to die to our weakness, and grow in the life where the Spirit is more than willing to empower us to live and thrive in a fruitful life, built around acceptance and perfect fellowship with God. You can’t fix the flesh. You can’t fix yourself. It’s God’s job to subdue your sinful flesh and empower you to live and thrive in the life of the Spirit. God is your strength; not your condemner. God is your righteousness, not your punisher. As you learn to walk in the Spirit, you’ll understand the Bible’s statement, “Now all things are of God. Old things have passed away. Behold all things are new.” You were meant to bloom in every circumstance, and the Bible says that a joyful and fruitful life is a guarantee. This book explores the principles that help you grow in this promise!

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