



Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1)

Karen Greenvang

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Irresistibly Good & Super Easy 100% VEGAN Slow Cooker Recipes to Save Your Time & Get Healthy!

I know how difficult it is to stick to a healthy lifestyle, especially when you want to keep it vegan and are new to it...Not to mention that you simply don't have enough time to slave away in the kitchen.

But don't worry because with this vegan slow cooker cookbook we got you fully covered!

The safety and low energy consumption of a slow cooker means that you can prepare the ingredients of a dish the night before and place everything in your slow cooker first thing in the morning before leaving for work and your meal will be ready when you walk in the door at the end of the day. Of course, the slow cooker can also be left to **create culinary magic overnight**, allowing you to wake up in the morning to a delicious hearty breakfast or even a take-away lunch. Yummy!

Here's What You Are Just About to Discover:

-**healthy nutritious breakfasts** that will kick start your day and save you time out of your morning rush

-**tasty lunches** that will pick you up in the middle of the day

-**wholesome comforting soups** will get you through the late afternoon and keep you going on until dinner where we will have some hearty, options to **satisfy any type of hunger all night!**

All these recipes are one **hundred percent vegan** and focus on using ingredients that are of the **highest nutritional value**. They are also easy to prepare, giving you all the inspiration you need to consistently make healthier meal choices with little effort while staying true to your very important lifestyle choice of the vegan way.

You Will Enjoy Healthy & Tasty Vegan Recipes That Are Ridiculously Easy to Make!

Let me just mention a few...:

- Chocolaty Oat Bran with Hazel Nuts and Strawberries
 - Apple Pie Oatmeal with Raisins, Almonds and Coconut Cream
 - “Carrot Cake” Oatmeal with Pecan Nuts and Coconut Cream
 - Coconut Butternut Squash Soup with Cashew Nuts
 - Tofu Curry with Pineapple and Cashew Nuts
- +many many more!

Regardless of how full your daily schedule looks, you can still enjoy healthy vegan friendly meals because with a slow cooker! You will never get bored with them and all you have to do is throw together the ingredients in the pot, put it on the right settings (just follow the easy instructions inside) and leave it alone while you go about your day!

What are you waiting for?

Grab your copy now and discover a simple, **vegan crockpot system** that will put your vegan diet & lifestyle on autopilot – so you don’t have to waste endless hours in your kitchen, you can enjoy your meals and **feel relaxed and confident** that you’re moving rapidly towards your **best health and body ever!**

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From reader reviews:

Andrew Fox:

In this 21st hundred years, people become competitive in each way. By being competitive at this point, people have do something to make all of them survives, being in the middle of the actual crowded place and notice through surrounding. One thing that oftentimes many people have underestimated this for a while is reading. Yes, by reading a publication your ability to survive raise then having chance to stay than other is high. For you personally who want to start reading the book, we give you this Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) book as starter and daily reading guide. Why, because this book is more than just a book.

Dwight Bailey:

Now a day people that Living in the era just where everything reachable by match the internet and the resources in it can be true or not require people to be aware of each facts they get. How people have to be smart in getting any information nowadays? Of course the solution is reading a book. Reading a book can help individuals out of this uncertainty Information especially this Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) book because this book offers you rich data and knowledge. Of course the info in this book hundred percent guarantees there is no doubt in it you know.

Annamarie Hernandez:

This Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) tend to be reliable for you who want to certainly be a successful person, why. The reason of this Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) can be on the list of great books you must have will be giving you more than just simple reading through food but feed you actually with information that maybe will shock your before knowledge. This book is usually handy, you can bring it almost everywhere and whenever your conditions both in e-book and printed types. Beside that this Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) forcing you to have an enormous of experience for example rich vocabulary, giving you tryout of critical thinking that we understand it useful in your day activity. So , let's have it appreciate reading.

David Paras:

The reason? Because this Slow Cooker: 100% VEGAN!: Irresistibly Good & Super Easy Slow Cooker Recipes to Save Your Time & Get Healthy (Vegan Slow Cooker, Crockpot Recipes) (Volume 1) is an

unordinary book that the inside of the book waiting for you to snap this but latter it will surprise you with the secret it inside. Reading this book adjacent to it was fantastic author who write the book in such amazing way makes the content on the inside easier to understand, entertaining technique but still convey the meaning completely. So , it is good for you because of not hesitating having this any more or you going to regret it. This book will give you a lot of gains than the other book have such as help improving your expertise and your critical thinking method. So , still want to delay having that book? If I were you I will go to the reserve store hurriedly.

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