



The Metaphorical Suicide - A Guide to Hyperawareness

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Not everyone has the same level of awareness, in actuality, the difference between an individual with low self awareness and an individual with hyperawareness is similar to the difference in consciousness between an instinctual animal and a self aware human. The aim of this book is to notify the reader that different levels of consciousness exist and how one can begin to achieve these higher levels of consciousness. Like a bodybuilder who must train to increase their muscle mass, one can increase their awareness by pushing and exploring the mind. If you are a dogmatic religious believer or are close minded in any way, this book is not for you. This book contains rational arguments, logic, philosophy, and mental techniques for consciousness expansion. It provides methods to destroy mental barriers, to structure and organize the mind rationally for the maximization of consciousness, and techniques to explore the mind via marijuana and personality deconstruction.

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