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Jonathan Bailor

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IT'S TIME FOR DINNER! In this highly anticipated sequel, you will enjoy 99 delicious, full-color dishes that burn fat, reduce cravings, heal your digestion, balance your hormones, and give you all-day-energy! Formulated by New York Times Best-selling Author and Natural Weight-Loss Expert Jonathan Bailor, your SANE Certified<sup>™</sup> main dish recipes are radically different from the hormone damaging fare you will find at most restaurant, most "healthy" cookbooks, and even many of the "clean" recipes on the internet.

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