



Good Housekeeping Juices & Smoothies: Sensational Recipes to Make in Your Blender

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Got a blender? Then have a blast with these 100 juices, smoothies, and other treats. From a healthy Blueberry Blast to an indulgent Mocha Malted Milkshake, they're easy to make and fun to drink. Enjoy Papaya Punch, Frosty Cappuccino, Root Beer Float, or a tropical cocktail-like the Miami Mojito. With a chapter on whole-food juices plus recipes for soups and dips, this collection will keep your blender whirring.

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Jeri McKeen:

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