



# Home Remedies for Cold Sores - Natural Cold Sore Remedies that Work

*Connie Bus*

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## Simple Home Remedies for Cold Sores that Work

**Cold sores are a very common problem suffered by a good majority of people today.** They are fluid-filled blisters that burst and then crust over to form the sore. They usually form, often in clusters, on the mouth, nose, and especially around the lips. They are caused by a viral infection known as herpes simplex. *All though cold sores are highly contagious, and most of us are exposed to the herpes simplex by the age of 5, many people form and carry an immunity to it.* Once you get a cold sore, you carry the virus for the rest of your life, and **when you get a breakout, you can use the treatments in this book to help.**

## Safe, Natural Cold Sore Remedies that Work

Obviously, you are reading this straight and to the point manual in order to **gain some insight into safe and natural ways to alleviate the agonizing pain, embarrassment, and frustration that comes with cold sores;** a remedy that is not addictive and can be easily administered from the comforts of home. **YOU ARE IN LUCK!**

**This book is filled with safe and natural home remedies that are proven to get rid of cold sores, and ease the pain and suffering that accompany this problem - treatments including:**

- **Traditional home remedies** - Healing with the use of local plants, learned wisdom, strong belief, and what can only be described as an instinctive knowledge of what works that has been passed down through the generations; this is the essence of Traditional Home and Folk Remedies.
- **Ayurveda** - Being holistic, this system of medicine takes into consideration our mind, body, and spirit in the diagnosis and treatment of illness.
- **Homeopathy** - Like cures like – This is the principle that is adhered to while using Homeopathic methods for treatment.
- **Aromatherapy** - Herbs are used to make essential oils, and then the essential oils are inhaled or applied to the skin.
- **Herbalism** - Herbalism is the holistic system of using plants for medicinal purposes, and is the oldest, most tested, and proven form of medicine that we know of today.
- **and Vitamins and Minerals** - Vitamins and Minerals are ingested in order to aid and strengthen the immune system, which promotes better health, addresses ailments, and can even prevent illness from ever happening in the first place.

**All these treatments have been tested and proven to work** in order to help rid the body of the annoying and painful problem of a cold sores.

# These Remedies are the Result of Tremendous Care, Effort, and Time

A lot of time, energy, research and love went into the making of this manual; and **it is the purpose of this manual to provide you with the easiest, safest and healthiest home remedies for cold sores.**

It is my hope that you, the reader, achieve the solution to your problem, and I know that *you will have great success once you have applied these simple natural remedies for cold sores.*

*So, what are you waiting for?*

**Scroll up, hit the buy button, and see for yourself**

**About the Author:** Connie Bus believes in *"Safe and natural home remedies for everyone, for less than the price of a cup o' joe."*

Not-so-modern medicine is expensive and focuses on getting rid of (or worse, covering up) symptoms rather than healing the individual who is sick. Often times, the side effects are worse than the original problem.

**What you need (and what Connie Bus provides) is safer and more natural home remedies** that not only treat the problem but also prevent it, and promote a healthy body and mind.

**Before you get the manual, you can check out the free sample and see for yourself how great it is before you buy.**

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