



Secrets of the Soul: The Guide to Uncovering Your Hidden Beliefs

Bohdi Sanders

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Secrets of the Soul is a delightful guide to uncovering your true, hidden beliefs. Written by the multi-award winning author, Dr. Bohdi Sanders, this book takes you on a personal journey to a deeper understanding of your true convictions. Do you really know exactly what you believe and why? You will, after reading *Secrets of the Soul*! *Secrets of the Soul* will help you:

- * Discover your true beliefs
- * Understand why you hold those beliefs
- * Discover what truly matters to you and why
- * Change certain beliefs that are no longer compatible with who you truly are
- * Gain more self-confidence in your personal beliefs
- * Realize what is important to you in your life
- * Live your life according to your own convictions instead of relying on those of other people

This book is eye-opening, fascinating and extremely entertaining. You will be shocked, you will laugh, you will cry, and you will be amazed as you go through the process of discovering what you truly believe and why. Don't miss the chance to take this page turning journey to self-realization. You will be glad you did!

Author's Note: This book was originally published as *Fireside Meditations*. This is a completely revised and updated edition of that book.

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