



ADHD: How to Deal with Very Difficult Children (Human Horizons)

Alan Train

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Geared toward offering information that is useful to parents, teachers, and social work professionals, this comprehensive resource places attention deficit/hyperactivity disorder (ADHD) in a much wider context. Drawing on extensive research, this accessible handbook guides caregivers through the causes of ADHD, the possible cures for the problem, and the range of help available. With detailed medical, psychological, and social information, this resource not only informs but educates parents and academic professionals alike about alternatives to drug treatment. The constructive, long-term solutions offered in this book teach children the self-control techniques that can be refined throughout the child's life, and into adulthood. At once innovative and positive, this program considers the needs of adults caring for children affected by ADHD, and by recognizing each personal challenge, encourages them to persevere.

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