



**Inspiration & Gratitude Guided Daily Journal 362
Pages with Daily Prompts Two Page Spread per
Day: Ideal journal to beat the blank page, 7"x10"
... images, drawings, doodles and free writing**

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This guided daily journal & undated diary has 362 pages (enough space for 180 days i.e. approx. 6 months) with daily prompts and a spacious two page spread per day with plenty of space for free writing and adding your own image or drawing. The pages are undated so you can start your creative journey whenever you wish. The journal is especially useful for reflection and idea generation as well as expressing gratitude. This journal is essential for those who love the idea of prompts for inspiration but also want plenty of space for freehand writing and drawing.

This is a perfect journal for a diary and is great for jotting down and planning your ideas or can be used as a progress journal for all your ideas. and inspirations.

The journal has a soft yet sturdy cover and is perfect bound so pages will not fall out. The spacious, yet handy-sized 7"x10" format means there is plenty of room for your thoughts and reflections.

Handy 7"x10" format.

362 pages for writing and reflection.

White Opaque Paper with grey/black lines.

Soft, sturdy cover.

Perfect bound so pages will not fall out.

Part of the *Inspirational Journal* series with cover design by *annumar* - "Dream, Believe, Achieve". Our notebooks all have a distinctive and often inspirational colorful cover.

Other versions of this notebook also available with 202 pages (100 days) and with various inspirational covers in numerous color variations.

To see our full range of notebooks and journals visit us at Spicyjournals.com or click on the Amazon author link for Spicy Journals above.

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