



# Flavors of Korea: Delicious Vegetarian Cuisine (Healthy World Cuisine)

*Deborah Coultrip-Davis, Young Sook Ramsay*

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Korean food is flavorful, from soothingly mild to piquantly pleasing, and a delight to the eye as well. Now you can enjoy traditional Korean favorites that have been handed down through generations of talented family cooks and adapted to be low-fat and vegetarian.

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