



## **Preventing Eating Disorders: A Handbook of Interventions and Special Challenges**

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# Preventing Eating Disorders: A Handbook of Interventions and Special Challenges

## Preventing Eating Disorders: A Handbook of Interventions and Special Challenges

This comprehensive resource provides multiple prevention strategies, programs, and approaches for health and mental health workers, educators, researchers, students, and interested members of the community at large who work to prevent eating disorders and related problems.

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