



# **Every Second Counts: How to use you subconscious mind to help achieve your goals and live the life you want (1)**

*Nigel Johnson*

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# Every Second Counts: How to use you subconscious mind to help achieve your goals and live the life you want (1)

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## **Every Second Counts: How to use you subconscious mind to help achieve your goals and live the life you want (1)** Nigel Johnson

self help book to program your subconscious mind by using your conscious mind focusing your thoughts to harness the power of the subconscious to create the life style you want to achieve your goals to reach your dreams to have the amount of money you need to live a rich and happy life to know what you want and how to achieve that goal or dream

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