



# Prepper Defense: How to Defend Yourself and Your Family When SHTF

*Mike Davis*

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## **Prepper Defense: How to Defend Yourself and Your Family When SHTF** Mike Davis

Will you be ready to defend your home and your family when SHTF?

When people are desperate and your life is in danger?

This short, no-fluff guide shows you how to defend your home and your family by mentally preparing for a positive outcome.

You will envision yourself not as a victim, but as a knowledgeable and able person who can avoid and attack or defend yourself.

While knowing martial arts, having a gun, or even using a bow and arrow can give you confidence, there are some other effective self defense techniques to consider.

This book will show them to you.

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