

The Most Rapid and Direct Means to Eternal Bliss (One)

Michael Langford



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For thousands of years human beings have been stuck in the same pool of unsolved problems. This book reveals both the cause and the solution. In this book are detailed practice instructions for seven different methods of meditation including: 1. The Awareness Watching Awareness Method. 2. The Abandon Release Method. 3. The Eternal Method. 4. The Infinite Space Method. 5. The Loving All Method. For human consciousness to be transformed something new must be introduced. This book introduces something new into human consciousness. It is rare that a spiritual book goes into detail revealing the tricks the ego uses to avoid liberation. The Most Rapid and Direct Means to Eternal Bliss is such a rare book. Step-by-step instructions in how to put an end to the ego's tricks are given in this book. This book shows how to be the one in a million who directly experiences infinite-eternal-awareness-love-bliss in this lifetime. This book contains a detailed description of the difference between the True Self and the imposter self. Detailed instructions in how to directly experience the True Self are given in this book. Of the thousands of spiritual books you could purchase, this is the best first choice. This is the book that created a spiritual revolution that is continuing to transform all human life. The direct experience of infinite-eternal-life is available to all humans. There is a fork in the road. One road leads to ideas the other leads to Direct Experience. This book shows the difference between these two roads and how to choose the road that leads to eternal-perfect-lovebliss in this lifetime.

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